

Personal Technique Evaluation

It is very important to be evaluated on your techniques. If you don't then you may practice the technique incorrectly and cause it to be of no use to you if/or when you need it. The best way to be evaluated is in person in a one on one setting. If you are unable to find an instructor or can not afford their one on one fees, there are still a few ways that I can give you the evaluation(s) you want and need.

Option 1: E-mail/File transfer, you can do this option using either a video camera or your web cam. You can record yourself doing the techniques alone or with a friend. Save the file to your computer depending on the size of the file it can be e-mailed or we can set up a date and time to do a file transfer so I can review the video. Once I am able to view the video I will E-mail you the report on what I saw and how to correct any issues.

Option 2: E-mail/File transfer 2, same as option one, but instead of the E-mail report I will record a visual report.

Option 3: DVD, Same as option one but you mail me a non returnable DVD and I will E-mail you a report as soon as I review your DVD.

Option 4: DVD 2, Same as option 3, but instead of the E-mail report I will send you a DVD video report.

Option 5: Online video conference, we will set up a one on one video conference. In order to use this option you MUST have a web cam. All comments will be made after each technique instead of a overall summary issued at the end as in the other options.

PRICE LIST

Option 1 - \$10

Option 2 - \$15

Option 3 - \$10 plus your cost of shipping

Option 4 - \$15 plus your cost of shipping

Option 5 - \$30